

**Mental Health Navigator** is a mental health care professional (counselor, therapist, social worker, nurse, etc) or paraprofessional whose role is to work to provide information, coordination, and connection between school mental health supports, families, and community supports so that families can successfully engage with the mental health system.

The Mental Health Navigator knows the local community resources and may have lived experiences that help them quickly engage with families and align as a supportive resource.

This position is a part-time position.

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### **Mental Health Navigator Responsibilities:**

- Connecting families with community mental health services
- Following up with families interested in community mental health services
- Researching and writing grants for continued funding of mental health services/support
- Working with community mental health providers
  - Establishing Memorandum Of Understandings (MOUs)
  - Scheduling school-based mental health sessions for students
  - Locating students in the building for their scheduled times
- Parent/family engagement to reduce mental health stigma and increase mental health knowledge of services and support
- Participate in the School Mental Health Navigator Community of Practice monthly virtual meetings to improve referral pathways, engagement with families, and aligning students with mental health supports
- Additional training and responsibilities based on licensing and training

### **Education:**

High School Diploma required. Bachelor degree in mental health related field (social work, psychology, counseling) preferred.

### **Training:**

Training for the position will include instruction/review of state and local policies and procedures regarding pupil service records, student confidentiality, modules for mental health framework, and trauma sensitive school practices.

### **Supervision:**

Will be provided by the school's mental health coordinator (Director of Special Education & Pupil Services, School Psychologist, School Counselor, School Social Worker, etc).

### **Funding:**

This position is funded by a grant. The goal of the grant is to increase and improve mental health services to students and families in collaboration with community mental health providers.